



Christ the King Catholic Voluntary Academy

Progression Pathway Mapping Document

For Relationship, Sex and Health Education (RSHE) coverage and
Personal, Social, Health and Economic (PSHE) coverage



Key:

Italics = RSE curriculum covered through 'Life to the Full' from TenTen
 Grey = additional sessions from Pre-school lessons within 'Life to the Full'
 Red = Existing unit of the Science curriculum/Links with Science
 Yellow = Computing curriculum
 Boxed = Daily Circle time for Week 1

Pink = Health curriculum (including Mental Health)
 Green = Relationships curriculum (including Online Relationships)
 Teal = Spiritual, moral, social and cultural (SMSC) curriculum
 Blue = CTK Gospel Values
 Bold = Other calendar events

Year group	Advent 1	Advent 2	Lent 1	Lent 2	Pentecost 1	Pentecost 2
EYFS – 19 sessions (approx. 15 mins each) Taught throughout the year: Self-confidence/self-awareness Managing feelings and behaviour Circle time – emotions, friendships, speaking, listening and respecting others GV: Love	<i>Module 1, Unit 1: Created and Loved by God:</i> Handmade with love (10 mins daily for 1 week)	<i>Module 1, Unit 2: Created and Loved by God:</i> - I am me - Heads, shoulders, knees and toes - Ready Teddy! CHRISTMAS PERFORMANCE Anti-bullying week	<i>Module 1, Unit 3: Created and Loved by God:</i> - I like, you like, we all like - All the feelings - Let's get real! Children's mental health week Online Safety Week	<i>Module 1, Unit 4: Created and Loved by God:</i> - Growing up <i>Module 2, Unit 1:</i> - Role Model <i>Module 2 Unit 2:</i> - Who's who? - You've got a friend in me - Forever friends	<i>Module 2, Unit 4: Created to Love Others:</i> - safe inside and out - my body my rules - feeling poorly - people who help us	<i>Module 3: Created to Live in Community:</i> - God is love - Loving God, loving others <i>Module 3, Unit 2 -</i> - Me, you, us

YR1 – 13 sessions (approx. 25 mins each) GV: Compassion	Module 1, unit 1: <i>Created and Loved by God: Let the children come (10 mins daily for 1 week)</i>	Module 1, unit 2: • I am Unique Module 2, unit 1 <i>Created and Loved by God:</i> • God loves you CHRISTMAS PERFORMANCE Anti-bullying week	Module 2, Unit 2: <i>Created to Love Others:</i> • Special people • Treat others well • Say sorry Children's mental health week Online Safety Week	Module 2, Unit 3: <i>Created to Love Others:</i> • Real Life online • Rules to help us	Module 2, Unit 4: <i>Created to Love Others:</i> • Good Secrets and bad secrets • Physical contact • Harmful substances • Can you help me? 1 • Can you help me 2	
YR2 – 11 sessions (approx. 35 mins each) GV: Forgiveness		Module 1, unit 2: <i>Created and Loved by God:</i> • Girls and boys (non- genitalia version) • Clean and healthy Anti-bullying week	Module 1, unit 3: <i>Created and Loved by God:</i> • Feelings, likes and dislikes • Feeling inside out • Super Suzie gets angry! Module 1, unit 4: <i>Created and Loved by God:</i> • The cycle of life • Beginnings and Endings	SATS	Module 3, Unit 1: <i>Created to Live in Community:</i> • Three in one • Who is my neighbour? Module 3, Unit 2: <i>Created to Live in Community:</i> • The communities we live in	YR2 PLAY

			Children's mental health week Online Safety Week			
YR3 – 12 sessions (approx. 45 mins each) Suggestion: cover the 9 sessions in the two terms that your class is not drumming GV: Gratitude	Module 1, unit 1: <i>Created and Loved by God: get up! (15 mins daily for 1 week)</i>	Module 1, unit 1: <i>Created and Loved by God:</i> The sacraments Module 1, Unit 2: We don't have to be the same Anti-bullying week	Module 2, unit 1: <i>Created to Love Others:</i> Jesus, my friend Children's mental health week Online Safety Week	Module 2, Unit 2: <i>Created to Love Others:</i> Friends, family and others When things feel bad Balancing needs	Module 2, unit 3: <i>Created to Love Others:</i> Sharing online Chatting online	Module 2, unit 4: <i>Created to Love Others:</i> Safe in my body Recognising risk First aid heroes – CTK Experience – First Aid visitor session
YR4 – 10 sessions (between 45 – 60 mins each) GV: Hope		Module 1, unit 2: <i>Created and Loved by God:</i> We don't have to be the same Respecting our bodies (physical exercise) Anti-bullying week	Module 1, unit 3: <i>Created and Loved by God:</i> What am I feeling? What am I looking at? I am thankful Module 1, Unit 4: A time for everything	EASTER PLAY	Module 2, Unit 4: Drugs, Alcohol and Tobacco	Module 3: unit 1: <i>Created to Live in Community:</i> Community of love What is the church? Module 3, unit 2: <i>Created to Live in Community:</i> How do I love others?

			Children's mental health week			
			Online Safety Week			
YR5 – 14 sessions (between 45 – 60 mins each) Suggestions: cover the 10 sessions in the two terms that your class is not swimming GV: Service	<i>Module 1, unit 1: Created and Loved by God: calming the storm (15 mins daily for 1 week)</i> (moved from yr4) <i>Module 1, unit 2: Created and Loved by God:</i> - What is puberty? - Changing bodies (linking to science unit) - Life cycles	<i>Module 1, unit 4: Created and Loved by God:</i> - Menstruation (introduced in yr5, recapped in yr6) – linking to science unit - Hope beyond death Anti-bullying week	Children's mental health week Online Safety Week	<i>Module 2, unit 1: Created and Loved by God:</i> Is God calling you?	<i>Module 2, Unit 2:</i> - Under pressure - Do you want a piece of cake? - Self-talk - Confidence vs control - Build others up	<i>Module 2, Unit 4:</i> - Types of abuse - Giving assistance RESIDENTIAL TRIP
YR6 – 15 sessions (approx. 60 mins each) Suggestion: work on a 2-week rotation in Advent Term to cover sessions - Use mission week to get some more done	<i>Module 2, unit 3: Created and Loved by God:</i> - Impacted lifestyles (moved from yr5) - Making good choices (moved from yr5)	<i>Module 1, unit 2: Created and Loved by God:</i> - Gifts and Talents <i>Module 1, unit 2: Created and Loved by God:</i> - Girls' bodies - Boys' bodies	SATS prep Children's mental health week Online Safety Week	SATS	KS2 WRITING MODERATION <i>Module 1, unit 3: Created and Loved by God:</i> - Body image - Funny feelings - Emotional changes	YR6 PLAY <i>Module 1, unit 4: Created and Loved by God:</i> - Making babies part 1 - Menstruation (recap from yr5)

Suggestion: Pentecost term – complete a session a day for a week? GV: Justice		- Spots and sleep Module 2, Unit 3: - Sharing isn't always caring - cyberbullying RESIDENTIAL TRIP Anti-bullying week				Module 3, unit 1: Created to Live in Community: - The trinity - Catholic social teaching Module 3, unit 2: Created to live in Community: - Reaching out Warning-Zone YR6 Trip: Online relationships, grooming
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Other ways the statutory requirements are met:

- Behaviour Mentor
- Anti-Bully Ambassadors
- Odd-Sock Day – respect differences
- Behaviour Policy/Bootcamp
- Church Teachings
- Chaplaincy team
- Charity work for mental wellbeing – community service
- E-Safety Week
- Mental Health Week
- Gospel Values
- Weekly Word

- Classroom support strategies (collate CTK Mental Health Toolkit of ideas and share with staff – FIT team)
- FIT team support
- Website resources for parents about mental health
- FoodForLife award
- Right Respecting Bronze Award
- School Council