

When making a choice, it is important to examine your conscience in order to make a good choice and minimise bad effects for ourselves and others.

The Sacrament of Reconciliation is a celebration of God's love and mercy; it is about the forgiveness of sin and being reconciled with God and one another.

Through and in Christ, every human being is offered the power to reach out in forgiveness and peace, to receive and to offer reconciliation.

CHOICES

Year 3 Topic 8



OUR BIG QUESTION

What helps you make good choices?

REFLECTION

The Act of Sorrow

*O my God because you are so good,
I am very sorry that I have sinned against you
and with the help of your grace I will not sin again. Amen*






KEY VOCABULARY

Reconciliation Confession
conscience sorrow
penance sin
repentance absolution

SCRIPTURE

Matthew 21: 28-31:
The vineyard owner and his 2 sons
1 Thessalonians 5: 12-18
Luke 15: 11-32:
The Prodigal Son



Key vocabulary	Explanation	Image
Reconciliation	The Sacrament of Reconciliation is where we ask God for forgiveness. During this Sacrament, we confess our sins to God (and the priest that we are with). We say sorry for the times that we have not followed in Jesus' footsteps. This is also known as confession.	
Forgiveness	To forgive or to be forgiven. We will learn about this is the story of the Prodigal Son. In this story, the Father forgave the son, even though the son had sinned against him.	
Conscience	Your moral sense of doing right or wrong. To think about your actions.	
Repentance	To ask for forgiveness. To feel a strong sense of regret for wrongdoing or sinning.	
Absolution	This means that we our sins are forgiven.	
Act of sorrow	A prayer that is said during the Sacrament of Reconciliation.	<div style="border: 1px solid black; padding: 10px; text-align: center;"> <p><u>Act of Sorrow</u></p> <p>O my God, I thank you for loving me. I am sorry for all my sins, for not loving others and not loving you. Help me to live like Jesus and not sin again. Amen</p> </div>