



Lent and Holy Week is a time of giving in different ways and remembering the total giving of Jesus.

In his Gospel, Matthew makes it clear that in loving and caring for other people we are loving and caring for Jesus.

Lent is the season when Christians practise both giving and giving up, to identify with the complete self-offering of Jesus.



## GIVING ALL

Year 3 Topic 6



Holy Week

### OUR BIG QUESTION

What makes some people give everything for others?



### REFLECTION

Lord, when I am hungry give me someone to feed;

When I am thirsty give water for their thirst.

When a burden weighs upon me lay upon my shoulders the burden of my fellows.

Lord, when I stand greatly in need of tenderness, give me someone who yearns for love. May your will be my bread;

Your grace my strength; Your love my resting place.

### KEY VOCABULARY

**self-giving**    **courage**    **Ash**  
**Wednesday**    **Holy Week**

**praying**    **fasting**    **almsgiving**  
**Resurrection**

### SCRIPTURE

Matthew 5: 1-17

Luke 4: 1-4

Mark 14:26-31, 32-46

Matthew 25: 31-40

Mark 15: 21-27

Luke 24: 1-12

Luke 23:33-35,38-43



Key vocabulary	Explanation	Image
Fasting	One of the three pillars of Lent is fasting. This means that we might give something up. An example of this is to give up chocolate. By making a small sacrifice, we remember the sacrifice that Jesus made.	A stack of chocolate bars with a red circle and a diagonal slash over it, indicating that chocolate is to be avoided during fasting.
Prayer	During Lent, we spend more time in prayer. The reason for this is because we try to get closer to God. We focus on our Catholic journey to Easter during Lent.	A close-up photograph of a person's hands clasped together in a prayerful gesture against a dark background.
Almsgiving	One of the three pillars of Lent is almsgiving. This means giving to the less fortunate. At CTK, we are support CAFOD's walk against hunger. Lent is a time to think about how we can help others. How can you support the less fortunate this Lent?	The logo for CAFOD (Catholic Agency for Overseas Development), featuring the acronym in blue and green with a green cross symbol.
Sacrifice	During Lent we remember the sacrifice that Jesus made for us. Jesus died on the cross to save us from our sins.	A silhouette of Jesus on the cross against a dramatic, cloudy sky with a sunset or sunrise.
Penance	Lent is a time of preparation and penance. During this time, we focus on asking God for forgiveness and trying to be the best versions of ourselves. We grow closer to God through Lent. Most Christians go to reconciliation during Lent to ask God for forgiveness for the sins that they have committed.	A photograph showing a priest in a white cassock performing a reconciliation rite, with his hands raised towards a penitent's head.
Ash Wednesday	Ash Wednesday marks the start of Lent. On this day, we receive ashes. These ashes are made from the palms that we received on the previous year's Palm Sunday.	A close-up photograph of a person's forehead with a cross-shaped mark made of ash.