



The Christian life is about journeying with Christ and sharing his way of life.

The Church's year celebrates the key elements of Christ's life.

Sacraments are more formal special moments: signs of 'God-with-us', who journeys with his people; signs of strength and blessing for life.



JOURNEYS

Year 3 Topic 4

Is life a journey?



REFLECTION

Lord, you fulfilled the hope of Simeon who did not die

until he had been privileged to welcome the Messiah.

In Sacramental Celebrations we meet the Risen Christ.

May he continue to give us life.

Amen.

KEY VOCABULARY

calendar seasons
journey ordinary time
feast day Our Lady

SCRIPTURE

Psalm 84

Psalm 118 – 19-20, 26-29

Psalm 122: 1-9



Vocabulary	Explanation	Image
<p>Liturgical calendar</p>	<p>The liturgical calendar represents the Church's year. There are different colours to represent our Catholic journey throughout the year.</p>	
<p>Ordinary time</p>	<p>In Ordinary Time we are reminded that God is always there to help us live as Christians. During this time, through the Gospels, we are journeying with Jesus on his mission. This is represented with the colour green. The reason for this is that it represents a time of growth.</p> <p>During this time, there are three cycles of readings for the Sundays of the Church's year, so we hear the journey of Jesus through three different Gospels.</p> <ul style="list-style-type: none"> • In Year A the Gospel readings come from Matthew. • In Year B they come from Mark. • In Year C they come from Luke <p>The Gospel of John is used at Christmas and Easter and other times throughout the year.</p>	



<p>Feasts of our lady</p>	<p>During the Liturgical Year, there are many feast days set aside to remember and celebrate the journey of Mary. Mary's journey had joys and sorrows. Mary was with Jesus during his journey on earth from the beginning to the end. The Church remembers Mary especially in May and in October and encourages people to pray the Rosary during those months.</p>	<p>Mother of God – 1st January Our Lady of Lourdes – 11th February Annunciation – 25th March The Visitation – 31st May The Assumption of Mary – 15th August Our Lady's Birthday – 8th September Our Lady of the Rosary – 7th October Immaculate Conception – 8th December</p>
<p>Feast days</p>	<p>For special Feast Days the priest may wear a different coloured vestment. The colours match the liturgical year.</p> <p>Red = blood or fire (martyrs' feast days or Pentecost) Green = growth (ordinary time) Pink = rejoice (Gaudete Sunday in Lent) Purple = preparation, prayer and penance (Advent and Lent) Gold/White = celebration, Jesus brings light to the world (Christmas Day, Easter Sunday)</p>	<p>Liturgical Vestment Colours</p>
<p>Psalms</p>	<p>A Psalm is a sacred song, hymn or poem used as a form of worship. The Psalms speak to us and help us to understand God more. They express emotion from us as individuals towards God or about God. Some of these psalms were said/sung as people travelled to worship along the road, so they are often known as pilgrimage prayers. We hear a psalm at church every Sunday between the first reading (Old Testament) and the second reading (New Testament letters).</p>	<p>THE PSALMS</p> <p>BOOK ONE</p> <p>The Way of the Righteous and the Wicked</p> <p>1 Blessed is the man who walks not in the counsel of the wicked; nor stands in the way of sinners; nor sits in the seat of scoffers; but his delight is in the law of the Lord, and on his law he meditates day and night.</p> <p>2 As for me, I have set my King on Zion, my holy hill.</p> <p>3 I will tell of the decree: The Lord said to me, "You are my Son, today I have begotten you. Ask of me, and I will make the nations your heritage, and the ends of the earth your possession. You shall break them with a rod of iron and dash them in pieces like a potter's vessel."</p>



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