

**Traditional Menu – Commencing August 2023**

<b>Week 1</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Green Option</b>	Meat Free Bolognese (VE) (PP) Jacket Potato Halves	Lasagne with loaded Vegetables (PP) Malted Baguette	Mediterranean Quorn Pie (ND) New Potatoes	Carbon Busting Sausages (VE) Creamed Potatoes	Quorn Burger with Burger Bun Chips
<b>Red Option</b>	Plant Power Enchiladas (PP) Jacket Potato Halves	Traditional Meat Lasagne Garlic Bread	Roast Chicken with Gravy & Stuffing New Potatoes	Pork Sausages Creamed Potatoes	Fish Friday Chips
<b>Served with</b>	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables
<b>Yellow Option</b>	Jacket Potato with cheese or Beans	Jacket Potato with cheese or Beans	Jacket Potato with cheese or Beans	Jacket Potato with cheese or Beans	Jacket Potato with cheese or Beans
<b>Blue Option</b>	Packed Lunch Sandwich Cheese	Packed Lunch Sandwich Cheese	Packed Lunch Sandwich Cheese	Packed Lunch Sandwich Cheese	Packed Lunch Sandwich Cheese
<b>Dessert</b>	Fluffy Fruit Pot (%F)(ND)	Chocolate & Beetroot Brownie	Apple & Pear Crumble (%F) (VE) With Custard	Chocolate Tart	Yum Yum Biscuit Or Ice Cream

**Week commencing: 4<sup>th</sup> Sept, 25<sup>th</sup> Sept, 23<sup>rd</sup> Oct, 13<sup>th</sup> Nov, 4<sup>th</sup> Dec, 2023**

Salads, Vegetables, Bread, Fresh Fruit, Fruit Yoghurts and Drinking Water are available daily.

VE = Vegan

PP = Plant Power

%F = Contains 50% Fruit

ND = New Dish

<b>Week 2</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Green Option</b>	Mixed Bean Chilli (PP) (VE) Brown & White Rice	Quorn Meatballs in Tomato & Herb Sauce Pasta	Planet Friendly Puff (ND) (VE) Roast Potatoes	Moroccan Rainbow Tagine with Coleslaw (PP) (ND) Traffic Light Cous Cous	Quorn Burger with Burger Bun Chips
<b>Red Option</b>	Macaroni Cheese Saute Potato	Pork Meatballs in Tomato & Herb Sauce Rice	Roast Turkey with Gravy & Stuffing Roast Potatoes	Grilled Piri Piri Chicken with Coleslaw (ND) Vegetable Rice	Fish Friday Chips
<b>Served with</b>	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables
<b>Yellow Option</b>	Jacket Potato with cheese or Beans	Jacket Potato with cheese or Beans	Jacket Potato with cheese or Beans	Jacket Potato with cheese or Beans	Jacket Potato with cheese or Beans
<b>Blue Option</b>	Packed Lunch Sandwich Cheese	Packed Lunch Sandwich Cheese	Packed Lunch Sandwich Cheese	Packed Lunch Sandwich Cheese	Packed Lunch Sandwich Cheese
<b>Dessert</b>	Chocolate Haystack	Iced Peach Sponge (%F)	Strawberry Mousse	Apple Crumble (VE) & Custard (%F)	Melting Moments (VE) Or Ice Cream

**Week commencing: 11<sup>th</sup> Sept, 2<sup>nd</sup> Oct, 30<sup>th</sup> Oct, 20<sup>th</sup> Nov, 11<sup>th</sup> Dec 2023**

Salads, Vegetables, Bread, Fresh Fruit, Fruit Yoghurts and Drinking Water are available daily.

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%F = Contains 50% Fruit

ND = New Dish

<b>Week 3</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Green Option</b>	Raviolini Ratatouille with Tomato & Vegetable Sauce (ND) (VE) Malted Baguette	Seasonal Vegetable Bake (ND) Jacket Potato	Quorn Meatballs with Gravy (VE) Parmentier Potatoes	Cheese & Tomato Pizza with Coleslaw Potato Wedges	Quorn Burger with Burger Bun Chips
<b>Red Option</b>	Meat Free Bolognese Pasta	Cheese Flan Jacket Potato	Roast Pork with Gravy & Apple Sauce Parmentier Potatoes	Flattened Chicken Burger with Coleslaw (ND) Burger Roll	Fish Friday Chips
<b>Served with</b>	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables
<b>Yellow Option</b>	Jacket Potato with cheese or Beans	Jacket Potato with cheese or Beans	Jacket Potato with cheese or Beans	Jacket Potato with cheese or Beans	Jacket Potato with cheese or Beans
<b>Blue Option</b>	Packed Lunch Sandwich Cheese	Packed Lunch Sandwich Cheese	Packed Lunch Sandwich Cheese	Packed Lunch Sandwich Cheese	Packed Lunch Sandwich Cheese
<b>Dessert</b>	Shortbread Biscuits (VE)	Jelly with Fruits (%F)	Flapjack	Chocolate Banana Pot (%F) (ND)	Lemon Drizzle Cake Or Ice Cream

**Week commencing: 18<sup>th</sup> Sept, 9<sup>th</sup> Oct, 6<sup>th</sup> Nov, 27<sup>th</sup> Nov, 18<sup>th</sup> Dec 2023**

Salads, Vegetables, Bread, Fresh Fruit, Fruit Yoghurts and Drinking Water are available daily.

VE = Vegan

PP = Plant Power

%F = Contains 50% Fruit

ND = New Dish