
	<p>Christ the King Catholic Voluntary Academy YEAR GROUP LESSONS LIST For Relationship, Sex and Health Education (RSHE) coverage and Personal, Social, Health and Economic (PSHE) coverage</p>	
Key:		
<p><i>Italics</i> = RSE curriculum covered through 'Life to the Full' from TenTen Grey = additional sessions from Pre-school lessons within 'Life to the Full' Red = Existing unit of the Science curriculum/Links with Science Yellow = Computing curriculum Boxed = Daily Circle time for Week 1</p>	<p>Pink = Health curriculum (including Mental Health) Green = Relationships curriculum (including Online Relationships) Teal = Spiritual, moral, social and cultural (SMSC) curriculum Blue = CTK Gospel Values Bold = Other calendar events</p>	

YEAR 5

*Module 1, unit 1: Created and Loved by God: **calming the storm** (15 mins daily for 1 week)*

10 sessions (between 45 – 60 mins each):

- *Module 1, unit 2: Created and Loved by God: **What is puberty?** (moved from yr4)*
- *Module 1, unit 2: Created and Loved by God: **Changing bodies** (moved from yr4)*
- *Module 1, unit 4: Created and Loved by God: **Menstruation** (introduced in yr5, recapped in yr6)*
- *Module 1, unit 1: Created and Loved by God: **Is God calling you?***
- *Module 2, unit 3: Created to Love Others: **Types of abuse***
- *Module 2, unit 3: Created to Love Others: **Giving assistance** (basic first aid)*
- *Module 1, unit 4: Created and Loved by God: **Life cycles** (moved from yr4)*
- *Module 3, unit 1: Created to Live in Community: **The faith***
- *Module 3, unit 1: Created to Live in Community: **Catholic social teaching***
- *Module 3, unit 2: Created to live in Community: **Reaching out***