



# Christ the King Catholic Voluntary Academy

## Progression Pathway Mapping Document

For Relationship, Sex and Health Education (RSHE) coverage and  
Personal, Social, Health and Economic (PSHE) coverage



**Key:**

*Italics* = RSE curriculum covered through 'Life to the Full' from TenTen  
 Grey = additional sessions from Pre-school lessons within 'Life to the Full'  
 Red = Existing unit of the Science curriculum/Links with Science  
 Yellow = Computing curriculum  
 Boxed = Daily Circle time for Week 1

Pink = Health curriculum (including Mental Health)  
 Green = Relationships curriculum (including Online Relationships)  
 Teal = Spiritual, moral, social and cultural (SMSC) curriculum  
 Blue = CTK Gospel Values  
 Bold = Other calendar events

Year group	Advent 1	Advent 2	Lent 1	Lent 2	Pentecost 1	Pentecost 2
<p><b>EYFS – 11 sessions (approx. 15 mins each)</b></p> <p>Taught throughout the year:            Self-confidence/self-awareness            Managing feelings and behaviour            Circle time – emotions, friendships, speaking, listening and respecting others</p> <p><b>GV: Love</b></p>	<p><b>EXISTING SCIENCE</b>            UNIT: How does my body work?            (Parts of the body, our senses and our families)</p>	<p><i>Module 1, Unit 1: Created and Loved by God:</i></p> <ul style="list-style-type: none"> <li>Handmade with love (10 mins daily for 1 week)</li> </ul> <p><b>CHRISTMAS PERFORMANCE</b></p>	<p><i>Module 1, Unit 2: Created and Loved by God:</i></p> <ul style="list-style-type: none"> <li>Heads, shoulders, knees and toes</li> </ul> <p><b>Mental Health Week</b>  <b>E-Safety Week</b></p>	<p><i>Module 1, Unit 3: Created and Loved by God:</i></p> <ul style="list-style-type: none"> <li>I like, you like, we all like</li> <li>Let's get real!</li> </ul>	<p><i>Module 1, Unit 4: Created and Loved by God:</i></p> <ul style="list-style-type: none"> <li>Growing up</li> </ul> <p><i>Module 2, Unit 2: Created to Love Others:</i></p> <ul style="list-style-type: none"> <li>safe inside and out</li> <li>my body, my rules</li> <li>feeling poorly</li> <li>people who help us</li> </ul>	<p><i>Module 3: Created to Live in Community:</i></p> <ul style="list-style-type: none"> <li>God is love</li> <li>Loving God, loving others</li> <li>Me, you, us</li> </ul>
<p><b>YR1 – 12 sessions (approx. 25 mins each)</b></p> <p><b>GV: Compassion</b></p>	<p><i>Module 1, unit 1: Created and Loved by God: Let the children come (10 mins daily for 1 week)</i></p>	<p><b>EXISTING SCIENCE</b>            UNIT: Animals including humans (The Human Body &amp; Its Senses) Big</p>	<p><i>Module 2, Unit 2: Created to Love Others:</i></p> <ul style="list-style-type: none"> <li>Special people</li> </ul>	<p><i>Module 2, Unit 3: Created to Love Others:</i></p> <ul style="list-style-type: none"> <li>Can you help me?</li> </ul>	<p><i>Module 2, Unit 3: Created to Love Others:</i></p> <ul style="list-style-type: none"> <li>Physical contact</li> </ul>	<p><b>EXISTING SCIENCE</b>            UNIT: Animals including Humans (Classification)</p>

	<p>Module 2, Unit 2: Created to Love Others:</p> <ul style="list-style-type: none"> <li>Treat others well</li> </ul>	<p>Question: What can our bodies do?</p> <p>Module 3, Unit 1: Created to Live in Community:</p> <ul style="list-style-type: none"> <li>Three in one</li> </ul> <p>Module 2, Unit 3: Created to Love Others:</p> <ul style="list-style-type: none"> <li>Being safe</li> </ul> <p><b>CHRISTMAS PERFORMANCE</b></p>	<p>Module 2, Unit 3: Created to Love Others:</p> <ul style="list-style-type: none"> <li>Good secrets and bad secrets</li> </ul> <p><b>Mental Health Week E-Safety Week</b></p>	<p>Module 3, Unit 2 Created to Live in Community:</p> <ul style="list-style-type: none"> <li>The communities we live in</li> </ul>	<p>Module 1, unit 1: Created and Loved by God:</p> <ul style="list-style-type: none"> <li>God loves you</li> </ul> <p>Module 2, Unit 2: Created to Love Others:</p> <ul style="list-style-type: none"> <li>Say sorry</li> </ul>	<p>Big Question: How are animals different to each other?</p> <p>Module 3, Unit 1: Created to Live in Community:</p> <ul style="list-style-type: none"> <li>Who is my neighbour?</li> </ul> <p>Module 2, Unit 3: Created to Love Others:</p> <ul style="list-style-type: none"> <li>Harmful substances</li> </ul>
<p><b>YR2 – 8 sessions (approx. 35 mins each)</b></p> <p><b>GV: Forgiveness</b></p>	<p>Module 1, unit 1: Created and Loved by God: Let the children come (10 mins daily for 1 week)</p>	<p><b>EXISTING SCIENCE UNIT:</b> Animals including humans (Life Processes &amp; Healthy Bodies)</p> <p>Big Question: How can I be healthy? Describe basic needs for survival – water, food, air – animals including humans, offspring grow into adults, Importance of exercise, right amounts of different foods and hygiene</p> <p>Module 1, unit 2: Created and Loved by God:</p> <ul style="list-style-type: none"> <li>Girls and boys (non-genitalia version)</li> </ul>	<p><b>EXISTING SCIENCE UNIT:</b> Living things and their Habitats (Ecosystems &amp; Adaptation)</p> <p>Big Question: What is a habitat?</p> <p><b>Mental Health Week E-Safety Week</b></p> <p>Module 1, unit 2: Created and Loved by God:</p> <ul style="list-style-type: none"> <li>I am unique</li> </ul>	<p><b>SATS</b></p>	<p>Module 3, Unit 1: Created to Live in Community:</p> <ul style="list-style-type: none"> <li>Three in one</li> </ul>	<p>Module 3, Unit 1: Created to Live in Community</p> <ul style="list-style-type: none"> <li>Who is my neighbour?</li> </ul> <p>Module 3, Unit 2: Created to Live in Community:</p> <ul style="list-style-type: none"> <li>The communities we live in</li> </ul> <p><b>YR2 PLAY</b></p>

		<p>Module 1, unit 3: Created and Loved by God:</p> <ul style="list-style-type: none"> <li>• Feelings, likes and dislikes</li> <li>• Feeling inside out</li> <li>• Super Suzie gets angry!</li> </ul>				
<p>YR3 – 9 sessions (approx. 45 mins each)</p> <p>GV: Gratitude</p> <p>CTK Experience – First Aid visitor session</p>	<p>Module 1, unit 1: Created and Loved by God: <b>get up!</b> (15 mins daily for 1 week)</p> <p>EXISTING SCIENCE UNIT: Animals including Humans (Nutrition and Skeletomuscular System) Big Question: Which parts of the body help us to move and what can I eat to keep my body healthy?</p> <p>Module 2, Unit 2: Created to Love Others:</p> <ul style="list-style-type: none"> <li>• Friends, family and others</li> </ul>		<p>EXISTING SCIENCE UNIT: Plants (Organs and their functions) Big Question: How do plants survive? Seed dispersal</p> <p>Module 2, unit 1: Created to Love Others:</p> <ul style="list-style-type: none"> <li>• Jesus, my friend</li> <li>•</li> </ul> <p>Module 1, unit 1: Created and Loved by God:</p> <ul style="list-style-type: none"> <li>• The sacraments</li> </ul> <p>Mental Health Week E-Safety Week</p>		<p>Module 3, unit 1: Created to Live in Community:</p> <ul style="list-style-type: none"> <li>• Community of love</li> <li>• What is the church?</li> </ul> <p>KS2: Digital Wellbeing by Google</p>	<p>EXISTING SCIENCE UNIT: Light (Reflection, Shadows &amp; Dangers) Big Question: What can light do? – UV rays, sun cream and sun damage</p> <p>Module 3, unit 2: Created to Live in Community:</p> <ul style="list-style-type: none"> <li>• How do I love others?</li> </ul>

	<ul style="list-style-type: none"> <li>When things feel bad</li> </ul> <p>Module 2, unit 3: Created to Love Others:</p> <ul style="list-style-type: none"> <li>Safe in my body</li> </ul>					
<p>YR4 – 10 sessions (between 45 – 60 mins each)</p> <p>GV: Hope</p>	<p>Module 1, unit 1: Created and Loved by God: get up! (15 mins daily for 1 week)</p> <p>EXISTING SCIENCE UNIT: Animals including Humans (The Digestive System &amp; Food Chains, teeth) Big Question: What happens to our food when we eat it?</p>	<p>Module 1, unit 2: Created and Loved by God:</p> <ul style="list-style-type: none"> <li>We don't have to be the same</li> </ul> <p>(moved from yr5) Module 2, unit 2: Created and Loved by God:</p> <ul style="list-style-type: none"> <li>Under pressure</li> </ul>	<p>(moved from yr5) Module 2, unit 2: Created and Loved by God:</p> <ul style="list-style-type: none"> <li>Do you want a piece of cake? (consent)</li> <li>Self-talk</li> </ul> <p>Mental Health Week E-Safety Week</p>	EASTER PLAY	<p>EXISTING SCIENCE UNIT: Living Things &amp; their Habitats (Classification &amp; Environmental Change) Big Question: How can we group different animals?</p> <p>Module 1, unit 3: Created and Loved by God:</p> <ul style="list-style-type: none"> <li>What am I feeling?</li> <li>What am I looking at?</li> <li>I am thankful</li> </ul> <p>KS2: Digital Wellbeing by Google</p>	<p>Module 3: unit 1: Created to Live in Community:</p> <ul style="list-style-type: none"> <li>Community of love</li> <li>What is the church?</li> </ul> <p>Module 3, unit 2: Created to Live in Community:</p> <ul style="list-style-type: none"> <li>How do I love others?</li> </ul>
<p>YR5 – 10 sessions (between 45 – 60 mins each)</p> <p>GV: Service</p>	<p>Module 1, unit 1: Created and Loved by God: calming the storm (15 mins daily for 1 week)</p> <p>(moved from yr4) Module 1, unit 2:</p>	<p>Module 2, unit 3: Created to Love Others:</p> <ul style="list-style-type: none"> <li>Types of abuse</li> <li>Giving assistance</li> </ul>	<p>Mental Health Week E-Safety Week</p> <p>Module 3, unit 1: Created to Live in Community:</p> <ul style="list-style-type: none"> <li>The trinity</li> </ul>	<p>Module 1, unit 4: Created and Loved by God:</p> <ul style="list-style-type: none"> <li>Life cycles (moved from yr4) – linking to science unit</li> </ul>	<p>Module 1, unit 1: Created and Loved by God:</p> <ul style="list-style-type: none"> <li>Is God calling you?</li> </ul>	<p>Module 3, unit 2: Created to live in Community:</p> <ul style="list-style-type: none"> <li>Reaching out</li> </ul> <p>RESIDENTIAL TRIP</p>

	<p><i>Created and Loved by God:</i></p> <ul style="list-style-type: none"> <li>• <i>What is puberty?</i></li> <li>• <i>Changing bodies (linking to science unit)</i></li> </ul> <p><i>Module 1, unit 4: Created and Loved by God:</i></p> <ul style="list-style-type: none"> <li>• <i>Menstruation (introduced in yr5, recapped in yr6) – linking to science unit</i></li> </ul> <p>EXISTING SCIENCE UNIT: Animals, including humans (Growth and Development) Big Question: What happens to humans as they get older?</p>		<ul style="list-style-type: none"> <li>• <i>Catholic social teaching</i></li> </ul>	<p>EXISTING SCIENCE UNIT: Living things and their habitats (Life Cycles &amp; Reproduction) Big Question: How do different organism's lifecycles vary?</p>	<p><b>KS2: Digital Wellbeing by Google</b></p>	
<p><b>YR6 – 15 sessions (approx. 60 mins each)</b></p> <p><b>GV: Justice</b></p>	<p><i>Module 1, unit 1: Created and Loved by God: <b>calming the storm</b> (15 mins daily for 1 week)</i></p>	<p><i>Module 1, unit 2: Created and Loved by God:</i></p> <ul style="list-style-type: none"> <li>• <i>Girls' bodies</i></li> <li>• <i>Boys' bodies</i></li> </ul>	<p><b>SATS prep</b></p> <p>EXISTING SCIENCE UNIT: Living things and their habitats (Classification) Big Question: Is mould a living thing?</p>	<p><b>SATS</b></p>	<p><b>KS2 WRITING MODERATION</b></p> <p><i>Module 1, unit 3: Created and Loved by God:</i></p> <ul style="list-style-type: none"> <li>• <i>Body image</i></li> </ul>	<p><b>YR6 PLAY</b></p> <p><i>Module 1, unit 4: Created and Loved by God:</i></p> <ul style="list-style-type: none"> <li>• <i>Making babies part 1</i></li> </ul>

	<p>Module 1, unit 2: Created and Loved by God:</p> <ul style="list-style-type: none"> <li>• Gifts and Talents</li> </ul> <p>Module 2, unit 3: Created and Loved by God:</p> <ul style="list-style-type: none"> <li>• Impacted lifestyles (moved from yr5)</li> <li>• Making good choices (moved from yr5)</li> </ul> <p>EXISTING SCIENCE UNIT: Animals, including humans (The Circulatory System) Big Question: What does blood do?</p>	<ul style="list-style-type: none"> <li>• Spots and sleep</li> </ul> <p>RESIDENTIAL TRIP</p>	<p>Mental Health Week E-Safety Week</p>		<ul style="list-style-type: none"> <li>• Funny feelings</li> <li>• Emotional changes</li> </ul> <p>EXISTING SCIENCE UNIT: Evolution and Inheritance (and fossils) Big Question: Do dinosaurs still exist?</p> <p>KS2: Digital Wellbeing by Google</p>	<ul style="list-style-type: none"> <li>• Menstruation (recap from yr5)</li> </ul> <p>Module 3, unit 1: Created to Live in Community:</p> <ul style="list-style-type: none"> <li>• The trinity</li> <li>• Catholic social teaching</li> </ul> <p>Module 3, unit 2: Created to live in Community:</p> <ul style="list-style-type: none"> <li>• Reaching out</li> </ul> <p>Warning-Zone YR6 Trip: Online relationships, grooming</p>
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**Other ways the statutory requirements are met:**

- Behaviour Mentor
- Anti-Bully Ambassadors
- Odd-Sock Day – respect differences
- Behaviour Policy/Bootcamp
- Church Teachings
- Chaplaincy team
- Charity work for mental wellbeing – community service
- E-Safety Week
- Mental Health Week
- Gospel Values
- Weekly Word
- Classroom support strategies (collate CTK Mental Health Toolkit of ideas and share with staff – FIT team)
- FIT team support
- Website resources for parents about mental health
- FoodForLife award
- Right Respecting Bronze Award
- School Council
- Pupil Premium student allocations (well-being)

**Appendices:**

Appendix A: Online Safety breakdown cross referenced with RSHE curriculum

Appendices B – H: Year group lists of hyperlinks to the sessions to cover from Life to the Full

*Notes:*

Computing – yr5 game creator unit – add in about age restricted games, and why these restrictions are place

Cyberbullying from yr5 – add into computing – SN

Still to cover:

- Obesity – yr3 sugar content – animals including humans – yr6 include in drugs and alcohol damaging effects of being overweight - FoodForLife
- Immunisation and vaccination